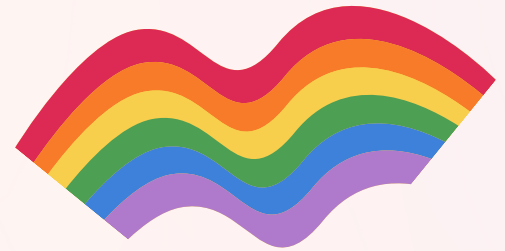


Supporting LGBTQ+ Youth and Families in LA County For Providers



Serving LGBTQ+ Communities (UCLA Wellbeing for LA Learning Center)

A learning tool designed to increase knowledge and comfort with concepts related to gender identity, gender expression, and sexual orientation. This curriculum provides tools for more affirming communication when interaction with LGBTQ+ people, teaches how to respond when someone comes out as LGBTQ+, and offers tips around pronouns.

Protecting Confidentiality of LGBTQ+ People

A handout that provides simple guidance about what to do and what to avoid to protect privacy and confidentiality of LGBTQ+ people, including LGBTQ+ students in schools. This handout can be used to understand the requirements of LGBTQ+ confidentiality.

Navigating Supports for LGBTQ+ Students Receiving Special Education Services **Working With the Transgender and Non-binary Population: An Overview of the Community, Mental Health Disparities and Treatment**

A training that gives an overview of terminology used within the community, mental health disparities affecting the population and key affirmative treatment practices. Participants also learn action items to help identify areas in your workplace in which they can implement change that positively enhances affirmative care for their TGNB clients.

Framing Guidance for Supporting Transgender Youth (FrameWorks Institute)

This communications resource is designed to help advocates, educators, policymakers, and the public talk effectively and persuasively about supporting transgender youth. It is grounded in research on adolescent development and the science of what helps transgender young people thrive.

Resources for Talking About Suicide (Trevor Project)

This webpage provides a curated set of resources for talking about suicide, centered on supporting LGBTQ+ youth and those who care for them.

Featured LA County Resources

Los Angeles LGBT Center

Provides a wide range of services and support for LGBTQ+ individuals in the Los Angeles area, including housing assistance, medical and mental health services, senior services, and community-building activities.

REACH LA

REACH LA's mission is to engage, empower, and celebrate LGBTQIA+ people of color and their communities through pillars of health and wellness, arts innovation, workforce development, and social justice.

Crisis Resources

California Legislative LGBTQ Caucus

A comprehensive list of hotlines and support services for LGBTQ+ individuals, including national and state-specific options. Resources offer 24/7 crisis support, peer counseling, text and chat options, and specialized programs.

The Trevor Project

Free crisis support 24/7 from anywhere in the U.S by texting 'START' to 678-678, calling 1-866-488-7386 or via chat. LGBTQ+ youth and allies can also access this [Resource Center](#) for helpful articles and information or connect with online social community using [TrevorSpace](#).

Trans Lifeline

A peer support and crisis hotline run by and for trans people offering confidential, nonjudgmental support, financial assistance, and resources. Hotline is available 24/7 by calling 1-877-565-8860.