

Supporting LGBTQ+ Youth and Families in LA County For Educators



The Respect Workshop (American Psychological Association)

A professional development curriculum for pre-service and in-service education for middle and high school counselors, school nurses, school psychologists, school social workers, and other specialized instructional support professionals.

Toolbox to Promote Healthy LGBT Youth

(The Safe and Supportive Schools Project, American Psychological Association)

A comprehensive collection of resources designed to supplement [The Respect Workshop](#). The toolbox provides a wide range of materials and guidance, including: foundational information, research on health disparities, stigma and discrimination, professional policy statements, school-wide protective policies, LGBTQ- sensitive health education, family support resource, peer support and community resources, action planning and implementation.

Navigating Supports for LGBTQ+ Students Receiving Special Education Services

(Human Rights Campaign)

A tipsheet that reflects the intersectional needs of queer and transgender students who are also disabled, neurodivergent, or in need of additional support and accommodations to access the general education curriculum at school.

GLSEN Safe Space Kit

A kit that provides programs and resources to ensure safe, supportive, and LGBTQ-inclusive K-12 education. Services include advocacy, research, and support for students, educators, and local chapters to help cultivate inclusive school environments. GLSEN also offers tools and programs for students and educators to take action and promote LGBTQ+ inclusion and safety in schools.

Framework for Gender Inclusive Schools (Gender Spectrum)

Tools and videos designed to help educators and organizations implement gender-inclusive practices. Resources are organized into categories such as supporting transgender and gender expansive students, student information systems, planning tools, instructional videos, and other supplementary materials. The Gender-Inclusive Schools Toolkit provides practical policies, guidance, and best practices to foster safe and affirming environments for all students.

How to Signal You are an Ally in a Hostile Environment (The Trevor Project)

A guide from The Trevor Project that shares tips on how to signal to others and LGBTQ+ young people that you are an ally and safe person to turn to.

Featured LA County Resources

Los Angeles LGBT Center

Provides a wide range of services and support for LGBTQ+ individuals in the Los Angeles area, including housing assistance, medical and mental health services, senior services, and community-building activities.

REACH LA

REACH LA's mission is to engage, empower, and celebrate LGBTQIA+ people of color and their communities through pillars of health and wellness, arts innovation, workforce development, and social justice.

Crisis Resources

California Legislative LGBTQ Caucus

A comprehensive list of hotlines and support services for LGBTQ+ individuals, including national and state-specific options. Resources offer 24/7 crisis support, peer counseling, text and chat options, and specialized programs.

The Trevor Project

Free crisis support 24/7 from anywhere in the U.S by texting 'START' to 678-678, calling 1-866-488-7386 or via chat. LGBTQ+ youth and allies can also access this [Resource Center](#) for helpful articles and information or connect with online social community using [TrevorSpace](#).

Trans Lifeline

A peer support and crisis hotline run by and for trans people offering confidential, nonjudgmental support, financial assistance, and resources. Hotline is available 24/7 by calling 1-877-565-8860.



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