UCLA PREVENTION CENTER OF EXCELLENCE

Resources for Business Owners, Employees, and Street Vendors Affected by ICE Raids

In the wake of recent ICE activity across Los Angeles, small business owners, employees, and street vendors are facing heightened levels of fear, stress, and uncertainty. This guide was created to provide accessible tools, emotional support, and community-based resources to help navigate this difficult time with resilience and compassion.

Whether you are trying to care for your team, manage your own wellbeing, or connect your business to legal and mental health support, this guide offers practical tips and trauma informed strategies to help you lead with empathy and stability.

Supporting Employee Wellbeing in Response to ICE Raids
(UCLA Prevention Center of Excellence)

An introduction to mental health for small business owners, including tips to manage and enhance mental health and wellbeing for the entire team.

Caring for Mental Health in Times of ICE-Related Stress: Tips for Los Angeles County Small Business Owners (UCLA Prevention Center of Excellence)

Valuable tips on how you, as a small business owner, can manage and enhance your mental health and your employees.

Trauma-Sensitive Communication for Small Business Owners
(UCLA Prevention Center of Excellence)

This tip sheet contains ways small business owners can respond with empathy and respect to ICE-related stress.

Free Mental Health Services for Businesses Affected by ICE raids (Latinx Therapy)

Directory of Latinx therapists offering sliding-scale or free counseling specifically for individuals affected by ICE enforcement in California. Businesses can share this service with employees or use it for self-care support. Services also available in Spanish.

Immigration Raids in Los Angeles: Solidarity Statement & Resource List
(UCLA Labor Center)

A comprehensive list of immigration resources available to all community members.

Helpful Resources
iPrevail: lacounty.iprevail.com/
Wellbeing for LA Learning Center: learn.wellbeing4la.org
211 LA: 211la.org

Additional immigration resources: wellbeing4la.org/immigration

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