

## Supporting Children in Foster Care: Tips for Social Workers

### Digital Marketing Packet

Join us in raising awareness about the importance of mental health resources for foster youth and caregivers.

The UCLA Prevention Center of Excellence is excited to share a collection of resources for child welfare professionals, generously supported by Pritzker Foster Care Initiative. Available on the Wellbeing for LA Learning Center, this curated collection includes handouts (also available in Spanish), videos, and online trainings that utilize evidence-based behavior management strategies and resilience-promoting parenting skills to reduce placements for children in LA County's welfare system and promote family and individual development.

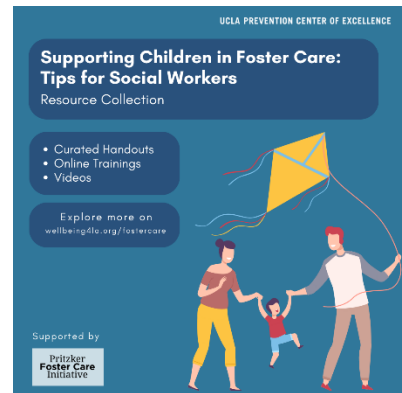
[Supporting Children in Foster Care Webpage](#) | [Collection Guide](#) | [Sign Up for a Learning Center Account](#)

#### Social Media (FB/IG): (Suggested posts)

- Mental health is the largest unmet health need of foster children and teens.

@Wellbeing4LA's designed a resource collection for child welfare professionals to better support foster youth and their caregivers. Curated with handouts (also available in Spanish), videos, and online trainings, this collection uses evidence-based and resilience-promoting strategies to support family and individual development.

Visit [wellbeing4la.org/fostercare](http://wellbeing4la.org/fostercare) to explore the Supporting Children in Foster Care collection, generously supported by Pritzker Foster Care Initiative.



- Bedwetting can be an overwhelming experience for caregivers. A handout and video from @wellbeing4la explore some of the common causes of bedwetting and strategies for addressing it.

Visit [wellbeing4la.org/fostercare](http://wellbeing4la.org/fostercare) to learn more about the Supporting Children in Foster Care collection, generously supported by Pritzker Foster Care Initiative.

