

Early Childhood Fellowship

2022-2023

Presenters and Presentations

October 2022 – Foundation Frameworks in Early Childhood



Finding Power and Purpose through Reflective Practice

Mary Claire Heffron, PhD

UCSF Benioff Children's Hospital Oakland
Zero to Three Academy of Fellows



Infant and Early Childhood Mental Health Consultation and the Consultative Stance: A relationally focused way of creating effective collaboration

Kadija Johnston, LCSW

Independent Consultant &
Adjunct Professor, Georgetown University
Center of Child and Human Development

November 2022 – Early Risk and Resilience



Understanding the Impacts of Transgenerational Trauma & Racism on Maternal Mental Health

Sayida Peprah-Wilson, PsyD

[Diversity Uplifts, Inc.](#)



Maternal Mental Health Matters for Women and The Next Generation

Catherine Monk, PhD

[Perinatal Pathways Lab](#)

[Columbia University Irving Medical Center](#)



Intervening to Enhance Parenting of Vulnerable Infants: Attachment and Biobehavioral Catch-up

Mary Dozier, PhD

[University of Delaware](#)



SEEDS Trauma Informed Care for Infants, Toddlers, and Preschoolers *Part 1: Recognizing Cues*

Gabriela Alejos, LCSW and Valerie Yarema, MSW

[SEEDS for Family School Readiness](#)

[UCLA Division of Population Behavioral Health](#)

December 2022 - Trauma, Transitions, and Healing



STAND with Me: Building Trusting Relationships During Transitions

Adriana Molina, LMFT

[Allies for Every Child](#)



Occupational Therapy through a Trauma Lens

Briana Pollard, OTD, OTR/L, SWC, CLE, CIMI

[Children's Hospital Los Angeles](#)






SEEDS Trauma Informed Care for Infants, Toddlers, and Preschoolers *Part 2: Understanding Cues*

Gabriela Alejos, LCSW and Valerie Yarema, MSW




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January 2023 – Promoting Self-Regulation in Young Children

	<p>SEEDS Trauma Informed Care for Infants, Toddlers, and Preschoolers <i>Part 3: Responding to Hot Moments</i></p> <p>Gabriela Alejos, LCSW and Valerie Yarema, MSW SEEDS for Family School Readiness UCLA Division of Population Behavioral Health</p>
	<p>0-5 Neurodevelopment: Understanding Challenging Behaviors & Building Social-Emotional Capacities through a Neuropsychological Lens</p> <p>Jess Bernal, LMFT JBernalLMFT.com</p>
	<p><i>Professional Wellbeing Workshop:</i></p> <p>R.O.O.T.E.D. + Regulated: Yoga for Early Childhood Settings and Beyond</p> <p>Monica Rollins, MA Rooted: A Wellness Collective</p>

February 2023 – Enhancing Services for Under-Resourced Children and Families

	<p>Accessing Early Intervention Services: Spanish-Speaking Families Who Have Young Children With Developmental Delays or Disabilities</p> <p>Judith Perrigo, PhD UCLA Luskin School of Public Affairs</p>
	<p>Engaging Families with Young Children in Virtual Home-Visiting</p> <p>Nastassia Hajal, PhD Jane and Terry Semel Institute for Neuroscience and Human Behavior at UCLA</p>
	<p>SEEDS Trauma Informed Care for Infants, Toddlers, and Preschoolers <i>Part 4: Responding in Cool Moments</i></p> <p>Gabriela Alejos, LCSW and Valerie Yarema, MSW SEEDS for Family School Readiness UCLA Division of Population Behavioral Health</p>

March 2023 – Supporting Child and Family Resilience



Father Involvement During Early Childhood: Putting Inclusion into Practice

Alan-Michael Graves, EdD, MPA

[Good+Foundation](#)



LGBTQ Inclusion in Early Childhood Programs and Education: How to Support LGBTQ-Led Families and LGBTQ Children

Ellen Kahn, MSS

[Human Rights Campaign](#)



Caring Fiercely in the Face of Systemic Cruelty: Supporting Child Wellbeing in a Hostile Immigration Policy Context

Kelly Edyburn, PhD

[Education Northwest](#)

April 2023 – School-Based Perspectives



Racial Micro-aggressions and Early Learning: Counternarratives on the Experiences of Black Children

Idara Essien, PhD

[San Diego State University](#)

J. Luke Wood, PhD

[San Diego State University](#)



Teacher as Shelter: Trauma-Informed Care During (and after) COVID-19

Michelle Salcedo, MEd

Teaching Strategies



Leveraging Home Visiting to Promote Child Development and Mental Health

Aimee Hilado, PhD, LCSW

[Crown Family School of Social Work, Policy, and Practice](#)

The University of Chicago



Professional Wellbeing Workshop:

Creative Approaches to Resilience in Children & Self-Care

Ping Ho, MA, MPH

[UCLArts & Healing](#)

May 2023 – Community Wellbeing



CulturaLeza: Weaving Culture and Nature for Wellbeing

José G. González, MS

[Latino Outdoors](#)

[Avarna Group](#)



Professional Wellbeing Workshop:

Self-Care Through Nature's Elements

Vicki Alvarez, MS, R-DMT

[Dance for All – UCLArts & Healing](#)



Outdoor, Nature-Based Prevention and Intervention

Kathleen Lockyer, OT

[Rx Outside](#)

June 2023 – Community Collaboration